

PRODUCT: DDA Sweet Coconut Flake 25#
ITEM NUMBER: 00091215

Based on 100 Grams Nutrition

Moisture	14 +/- 2%g	
Ash	1.26g	
Calories	465.6kcal	
Protein	4.14g	
Total Carbohydrate	56.2g	
Total Fiber	9.44 g	Include only the following naturally occurring fibers and fibers added to foods that show a physiological health benefit: beta-glucan soluble fiber, psyllium husk, cellulose, guar gum, pectin, locust bean gum and hydroxypropyl methylcellulose.
Insoluble Fiber	0 g	
Soluble Fiber	9.44 g	
Total Sugar	36.18 g	
Added Sugars	29.89 g	Amount of sugar added to the product from sucrose, syrups, honey, added sugar in concentrated fruit or vegetable juices, etc.
Sugar Alcohols	0 g	
Fat	24.91 g	
Saturated Fat	22.05 g	
Monounsaturated Fat	2.86g	
Polyunsaturated Fat	0.50 g	
Trans Fat	<0.10g	
Cholesterol	<1.0mg	
Sodium	172mg	
Potassium	337mg	
Vitamin A	<5mcg	1 IU vitamin A = 0.3 mcg retinol / 1 IU vitamin A = 0.6 mcg beta carotene
Vitamin C	<1mg	
Vitamin D	<1mcg	40 IU vitamin D = 1 mcg vitamin D
Thiamin	mg	
Riboflavin	mg	
Niacin	mg	
Calcium	8.0mg	
Iron	1.3mg	
Phosphorous	mg	

Folic Acid (mcg)		Synthetic form
Folate, food (mcg)		Naturally occurring folate
Folate DFE (mcg)	7.63	Food folate mcg DFE = mcg food folate [naturally occurring] + (1.7 x mcg folic acid [synthetic])
Sulfites (ppm)	200ppm	Enter the exact amount of sulfites added or produced during processing, not "<10ppm".

Dietary Fiber: If this raw material contains a mixture of dietary fiber and non-digestible carbohydrate that does not meet the definition of fiber, please list below the amount of specific dietary fiber and specific non-digestible fiber.

Dietary Fiber Name(s):	%
Non-Digestible Carbohydrate(s) Name:	%

Added Sugars: If this raw material contains both naturally occurring sugars and added sugars, indicate the amounts of specific naturally occurring sugars and specific added sugars.

Naturally occurring sugar source(s): coconut	6.29 g
Added sugar(s) name: sucrose	29.89 g

Ingredients: Coconut (sodium metabisulfite added to retain color), Sugar, Water, Propylene glycol and salt