



MANILDRA
Group USA

Nutritional Data Sheet

Gem of the West® Vital Wheat Gluten- Australian

Nutritional Information	Per 100 g
Calories	395
Protein (N x 5.70)	71.0 g
Total Carbohydrate	14.8 g
Total Dietary Fiber	1.0 g
Sugars	1.3 g
Added Sugar	0 g
Total Fat	5.35 g
Saturated Fat	1.06 g
Monounsaturated Fat	0.73 g
Polyunsaturated Fat	3.34 g
Trans Fat	0 g
Cholesterol	0 g
Water	7.1 g
Ash	0.75 g
Calcium	63 mg
Iron	3.9 mg
Sodium	12.7 mg
Potassium	64.2 mg
Vitamin A	0 mcg
Vitamin C	0 mg
Vitamin D	0 mcg

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