

Item Number 00981317

Description Classic Oatmeal Raisin Cookie

Nutrition Facts			
Serving Size		1 Cookie (35g)	
Amount Per Serving			
Calories	160	Calories from Fat	60
			% Daily Value*
Total Fat	6g		9%
Saturated Fat	3g		15%
<i>Trans</i> Fat	0g		
Cholesterol	5mg		2%
Sodium	170mg		7%
Total Carbohydrates	23g		8%
Dietary Fiber	1g		4%
Sugars	12g		
Protein	2g		
Vitamin A	10 %	Vitamin C	0 %
Calcium	2 %	Iron	6 %
Thiamine	6 %	Riboflavin	2 %
Niacin	2 %	Folic Acid	2 %
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per Gram:			
Fat		9	
Carbohydrates		4	
Protein		4	

INGREDIENTS: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MARGARINE (PALM OIL, SOYBEAN OIL, WATER, SALT, MONO & DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], BETA CAROTENE [COLOR], VITAMIN A PALMITATE, ARTIFICIAL FLAVOR), RAISINS, ROLLED OATS, BROWN SUGAR, SUGAR, WATER, MOLASSES, INVERT SUGAR, EGGS, NONFAT MILK, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SOY LECITHIN, SALT, SPICE, MONOGLYCERIDES, CORN STARCH, NATURAL FLAVOR, GLYCERIN, POLYGLYCEROL ESTERS OF FATTY ACIDS, SUNFLOWER OIL, BETA CAROTENE AS COLOR, METHYLPARABEN, DL-ALPHA TOCOPHEROL, PROPYLPARABEN, ASCORBYL PALMITATE.

CONTAINS MAJOR FOOD ALLERGENS (WHEAT, SOY, EGGS, MILK)

THIS PRODUCT IS MANUFACTURED ON EQUIPMENT THAT PROCESSES ITEMS CONTAINING PEANUTS AND TREE NUTS.

Note: This nutritional analysis has been generated by the Dawn Label Ready™ Program. Dawn Food Products, Inc. cannot guarantee, nor shall be liable for the accuracy of this data when it is combined with other nutritional data systems, or when this food product contains ingredients other than those added by Dawn Food Products, Inc.